



**Pune District Education Association's
College of Ayurved & Research Centre
(I. D. No. P.U./P.N./AYU./081/1990)**



Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.
Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website -
www.pdeaayurvedcollege.edu.in
E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook-
acrc_akurdi@pdeapune.org

Metric: 8.1.1 Integration of different systems of health care in the teaching hospital.

8.1.1.D - Any other relevant documents

INDEX

SR. NO.	CONTENT
1.	Photos of integration
2.	Physiotherapy Department SOP
3.	Physiotherapy treatment checklist
4.	Therapeutic yoga stamps in Swasthyarakshan OPD
5.	Guest lecture on integration of different systems of health (management of diabetes mellitus)
6.	Visit to Naturopathy institute





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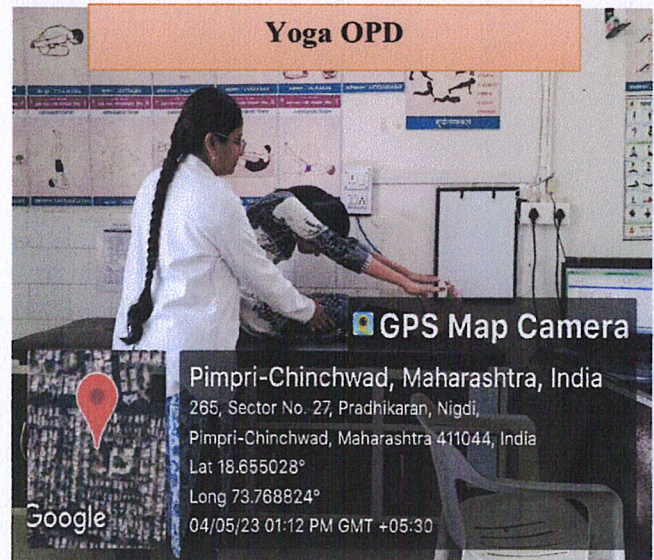
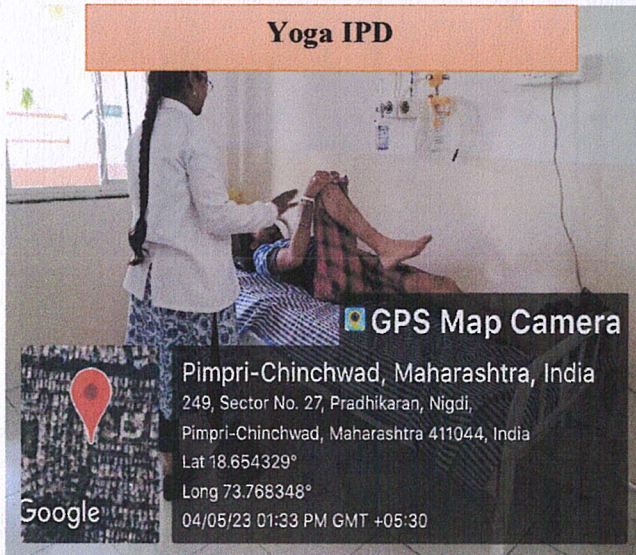
Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



YOGA



NATUROPATHY



Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



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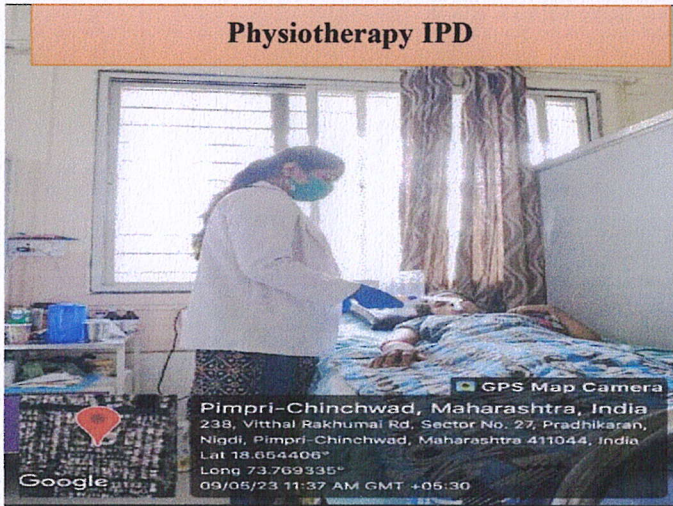
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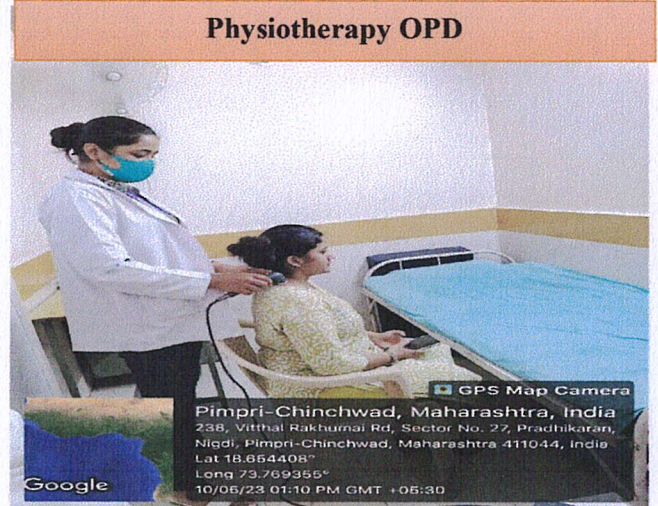


PHYSIOTHERAPY

Physiotherapy IPD



Physiotherapy OPD



DENTAL OPD



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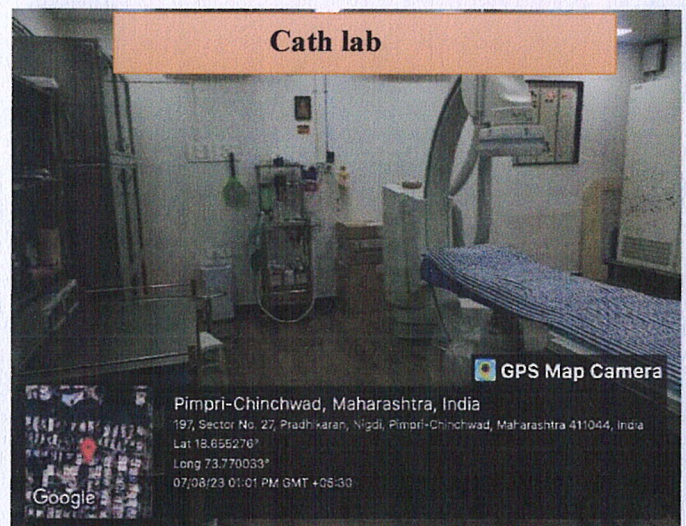
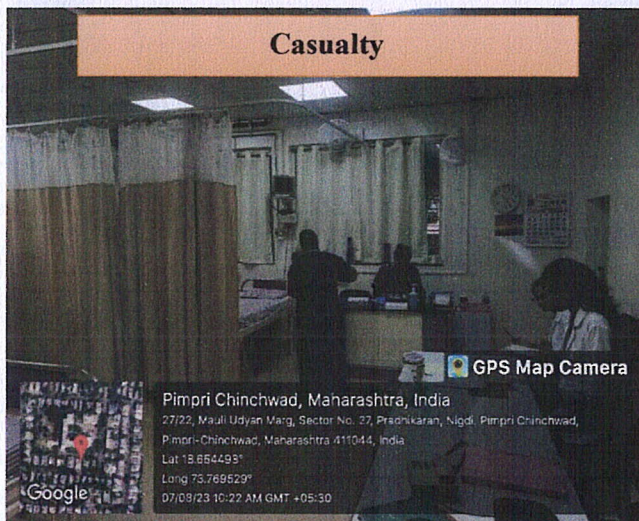
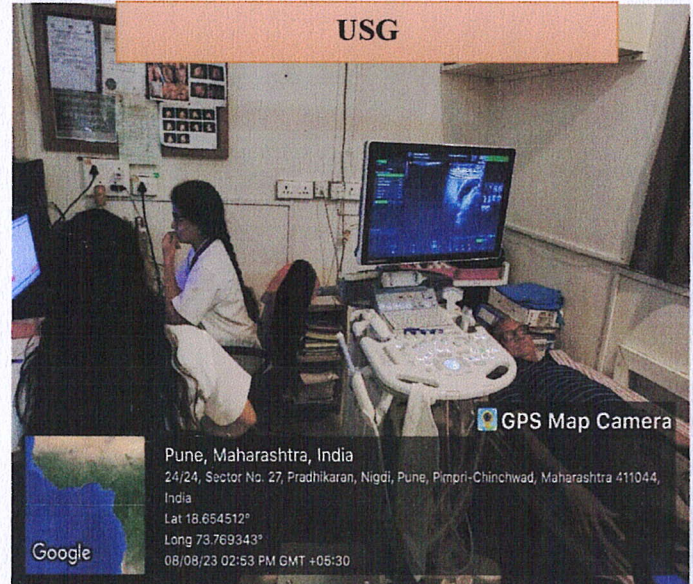
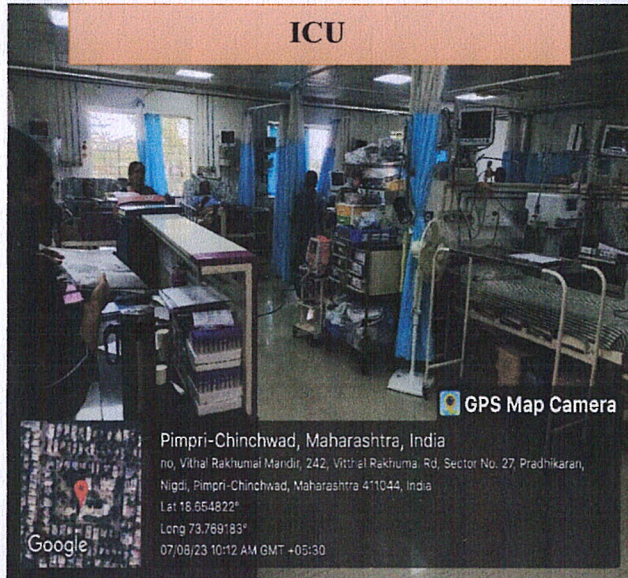
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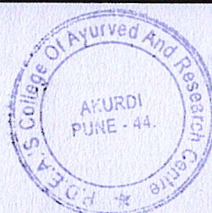
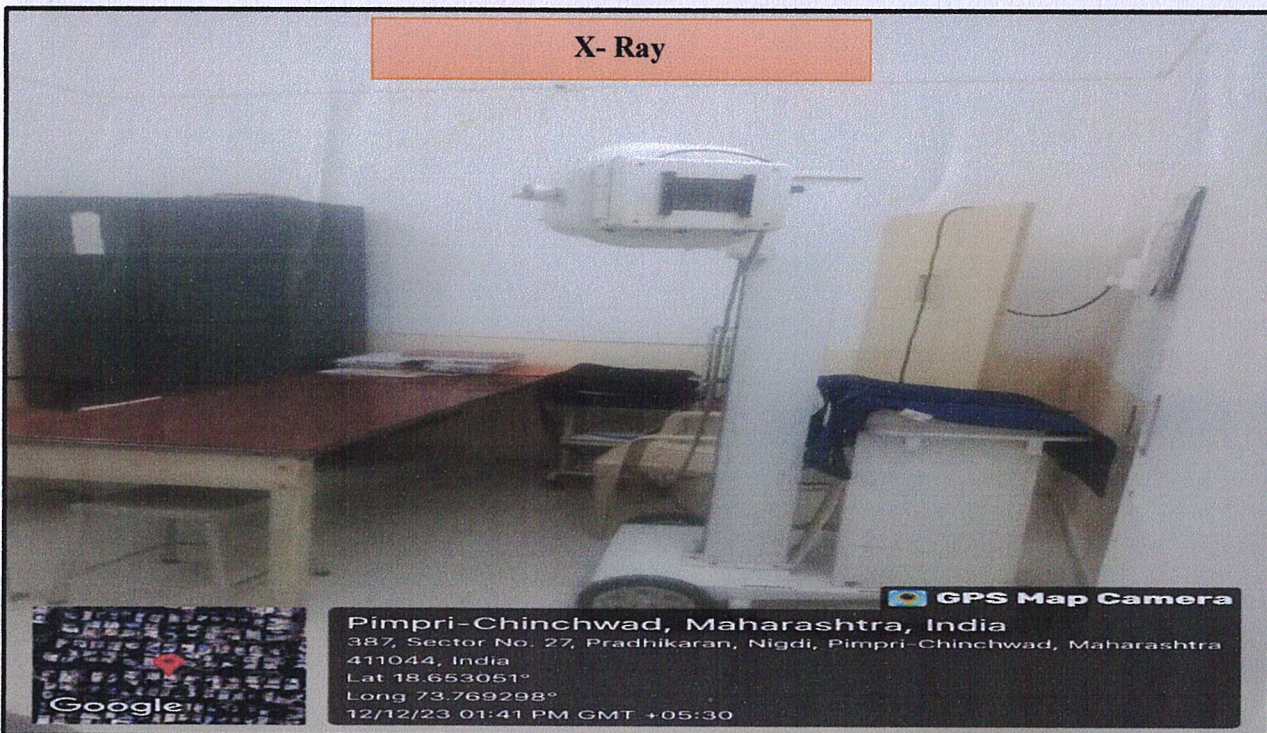
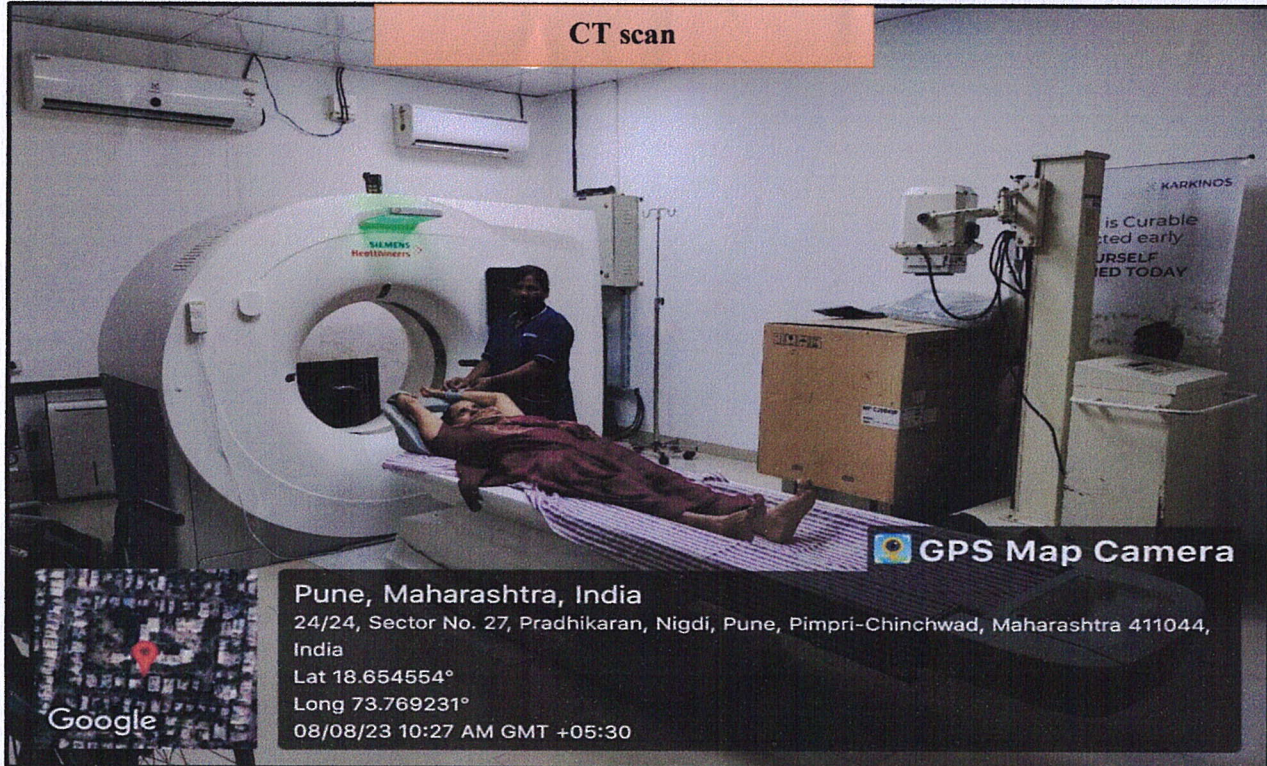


ALLOPATHY UNIT



Principal
P.D.E.A.'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Radiology



Principal
P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



Pathology Laboratory



Pune, Maharashtra, India

24/24, Sector No. 27, Pradhikaran, Nigdi, Pune, Pimpri-Chinchwad, Maharashtra 411044, India

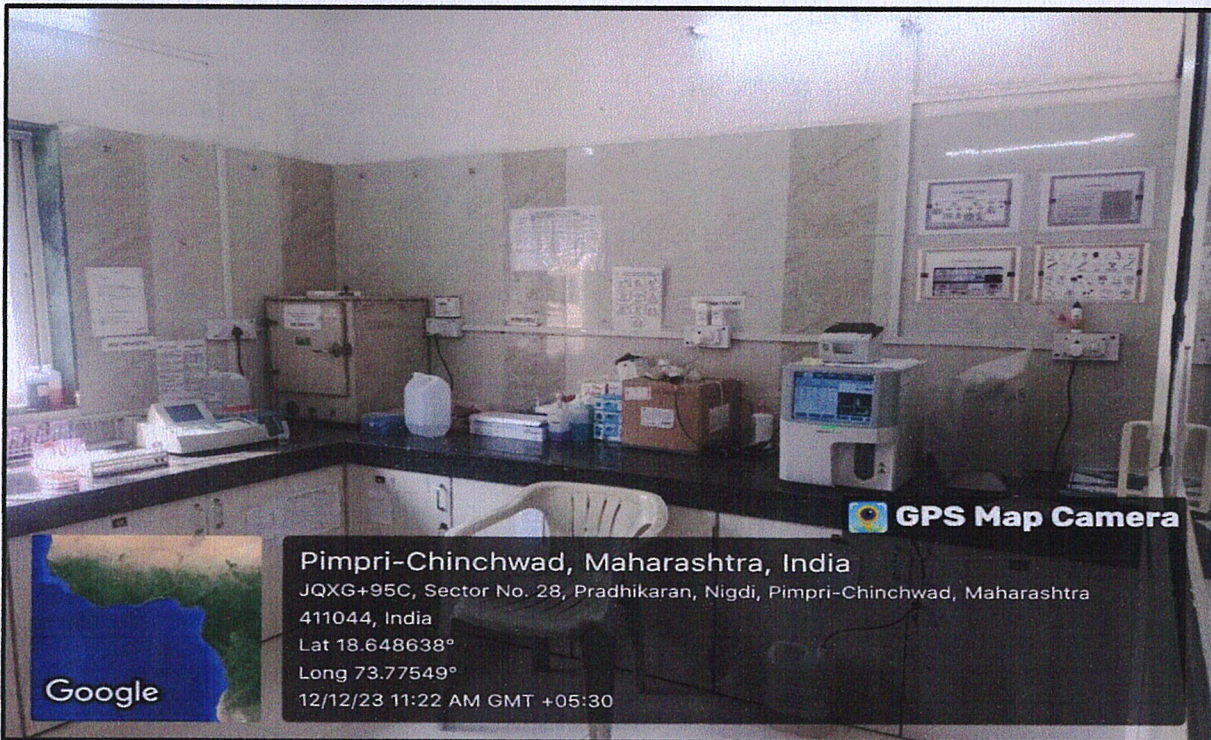
Lat 18.654512°

Long 73.769343°

08/08/23 10:29 AM GMT +05:30

GPS Map Camera

Google



Pimpri-Chinchwad, Maharashtra, India

JQXG+95C, Sector No. 28, Pradhikaran, Nigdi, Pimpri-Chinchwad, Maharashtra 411044, India

Lat 18.648638°

Long 73.77549°

12/12/23 11:22 AM GMT +05:30

GPS Map Camera

Google




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P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



P.D.E.A's
AYURVED RUGNALAYA
&
STERLING MULTISPECIALITY HOSPITAL
(ARSMH)



PHYSIOTHERAPY DEPARTMENTAL SOP



Contents

1. POLICY FOR PHYSIOTHERAPY SERVICES AT ARSMH.....	3
1.1. DEFINITION:	3
1.2. PURPOSE:	3
1.3. SCOPE:	3
1.4. ROLES AND RESPONSIBILITIES:	4
1.5. ORGANOGRAM:	4
1.6. RESOURCES:	4
1.7. DISPLAY OF SERVICES:	4
1.8. SERVICES AVAILABLE:	5
1.9. SERVICES UNAVAILABLE:	5
1.10. SERVICE LOCATION:	5
1.11. SERVICE POLICY:	5
1.12. GUIDELINES FOR PATIENT EXAMINATION FOR PHYSIOTHERAPY:	5
1.13. WORKFLOW FOR OPD PATIENTS:	5
1.14. WORKFLOW FOR IPD PATIENTS:	6
1.15. REFERENCES:	6
ANNEXURE:	6



1. POLICY FOR PHYSIOTHERAPY SERVICES AT ARSMH

1.1. DEFINITION:

Physiotherapy services provided at ARSMH to individuals to treat or prevent physical challenges associated with injuries, diseases and other impairments and to develop, maintain, and restore maximum movement and functional ability.

1.2. PURPOSE:

- 1.2.1. To provide guidelines for implementation of Physiotherapy services after assessment and reassessment of patient needs.
- 1.2.2. To ensure proper Physiotherapy services for all patients of the hospital.

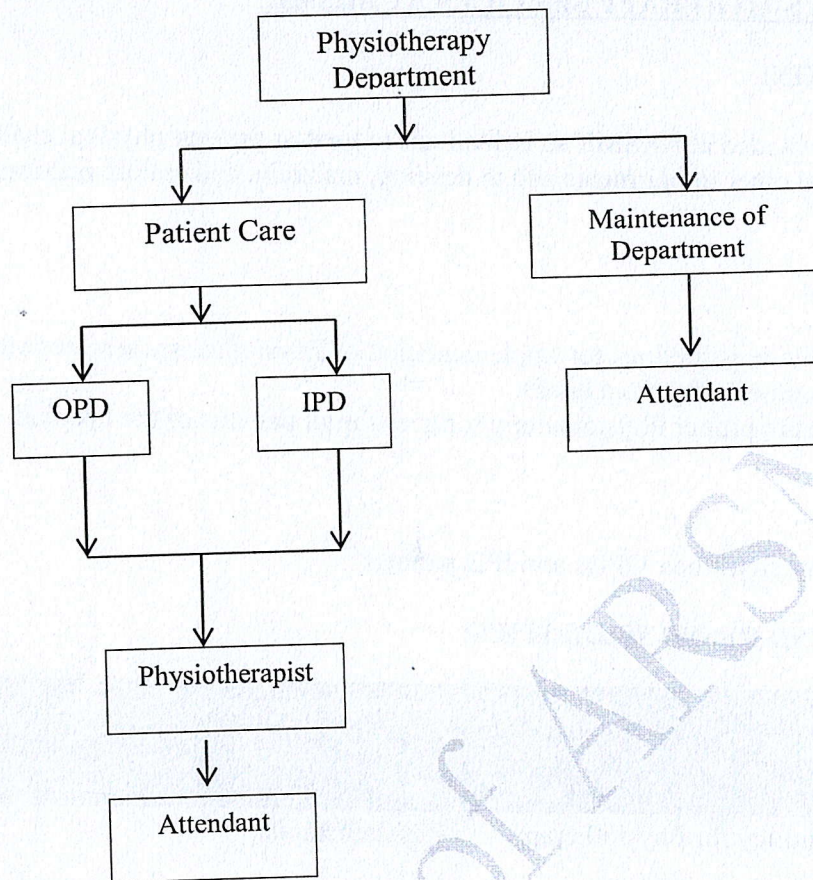
1.3. SCOPE:

Referrals from consultants from their OPDs and IPD patients.

1.4. ROLES AND RESPONSIBILITIES:

No.	Task	Responsibility
A.	Formulating policy for Physiotherapy services	Physiotherapist
B.	Approval of the scope of Physiotherapy services or its correction	Superintendent
C.	Display of scope of Physiotherapy services	Deputy Superintendent
D.	Monitoring of implementation	Superintendent, Deputy Superintendent, RMO Physiotherapist

1.5. ORGANOGRAM:



1.6. RESOURCES:

1.6.1. MATERIAL:

Interferential Therapy
Computerised traction
Short Wave Diathermy
Ultrasound
Transcutaneous Electrical nerve stimulator
B.P. apparatus & Stethoscope
OPD/ IPD Register

1.6.2. STAFF REQUIREMENT:

- Physiotherapist
- Attendant as per need.

1.7. DISPLAY OF SERVICES:

Board outside Physiotherapy section.

1.8. SERVICES AVAILABLE:

- I.F.T.(Interferential Therapy)
- Ultrasound

- T.E.N.S.(Transcutaneous Electrical nerve stimulation)
- Traction computerised
- S.W.D.(Short Wave Diathermy)
- Exercises

1.9. SERVICES UNAVAILABLE:

- Paraffin wax bath
- Muscle stimulator

1.10. SERVICE LOCATION:

ARSMH has special facility for Physiotherapy Care.

- Timing: Routine 9.00 am to 1.00 pm for OPD Patients & for IPD patients as per requirement.
- Workdays: Monday to Saturday except holiday.
- Staff availability: 1 Physiotherapist, attendant as per need.

1.11. SERVICE POLICY:

- 1.11.1. Services are offered for OPD patients on all working days.
- 1.11.2. Services are offered for OPD & IPD patient on referral basis.
- 1.11.3. Patients from all categories are accommodated.
- 1.11.4. Physiotherapy is advised as per disease requirement.

1.12. GUIDELINES FOR PATIENT EXAMINATION FOR PHYSIOTHERAPY:

All assessment and evaluation is performed by the physiotherapist as per standard Physiotherapy guideline & treatment plan is given to the Patient. Patient's progress is entered in patient's case paper as applicable. Reassessment is done at respective follow ups as per requirement.

1.13. WORKFLOW FOR OPD PATIENTS:

	Task	Responsibility	Measurement Criteria Supportive Document
A.	Consultant refers patient to Physiotherapy Unit	Concerned Consultant	Concerned OPD Case paper
B.	Primary & Final assessment of referred patient	Physiotherapist	Concerned OPD Case paper
C.	Physiotherapy consultation	Physiotherapist	Concerned OPD Case paper Physiotherapy OPD/IPD Register
D.	In case of complications arising during performance of Physiotherapy, patient is referred to concerned department	Concerned Consultant	Concerned OPD Case paper Physiotherapy OPD/IPD Register

1.14. WORKFLOW FOR IPD PATIENTS:



No.	Process	Responsibility	Measurement Criteria
			Supporting Document
A	Patient is referred to Physiotherapist	Concerned consultant	IPD paper
B	Call from IPD ward	Ward sister/Registrar/Houseman	IPD paper
C	Assessment of disease status of patients.	Physiotherapist	IPD paper
D	Treatment plan	Physiotherapist	IPD paper
E	The details are entered into the OPD/IPD Register	Physiotherapist	OPD/IPD register
F	In case of complication patient is referred to concern department	Physiotherapist	IPD Paper

1.15. REFERENCES:

Maharashtra State Occupational Therapy and Physiotherapy Council, Mumbai, India Guidelines

ANNEXURE:

1. Physiotherapy checklist





**PDEA'S
AYURVED RUGNALAYA AND
STERLING MULTI SPECIALITY HOSPITAL**

Sector No.27, Bhel Chowk, Pradhikaran, Nigdi, Pune - 411 044.
Maharashtra, India. Tel: (020) 27659460



Physiotherapy Treatment Checklist

UIN No. _____ OPD No. _____ IPD No. _____

Patient Name :- _____

Age :- _____ Sex :- _____ Department :- _____

Diagnosis :- _____

[illegible]

Therapeutic Yoga Stamps in Swasthyarakshan OPD

१) उच्चरक्तदाह

आसन - शवासन कोणासन
अर्धहलासन वज्रासन
भुजंगासन वक्रासन
प्राणायाम - चंद्रभेदन, भ्रामरी, शीतली, उज्जायी, ऊँकार

२) अम्लपित्त

शुद्धिक्रिया - कुंजल
आसन - वज्रासन अर्धमत्स्येन्द्रासन
भुजंगासन पश्चिमोत्तानासन
शलभासन शवासन
प्राणायाम - शीतली, भ्रामरी, सीत्कारी, अनुलोम-विलोम

३) कटिशूल / पृष्ठशूल

आसन - पर्वतासन धनुरासन
ताडासन भुजंगासन
कटिचक्रासन शशांकासन
सेतुबंधासन मार्जारासन
प्राणायाम - भ्रामरी, उज्जायी, अनुलोम-विलोम

४) स्थूल

शुद्धिक्रिया - कपालभाती
आसन - त्रिकोणासन भुजंगासन
उत्तानपादासन पश्चिमोत्तानासन
सूर्यनमस्कार अधःशलभासन
पवनमुक्तासन धनुरासन

५) श्वेतवात

आसन - कटिचक्रासन उत्तानपादासन
कोणासन भुजंगासन
पवनमुक्तासन भद्रासन
प्राणायाम - अनुलोम-विलोम, भ्रामरी, भस्त्रिका

६) पचनसंस्थेचे विकार

आसन - वज्रासन उष्ट्रासन
भुजंगासन वक्रासन
धनुरासन पश्चिमोत्तानासन

७) प्राणायाम - भ्रामरी, भस्त्रिका, अनुलोम-विलोम

वार्धक्यजन्य विकार

शुद्धिक्रिया - कपालभाती, त्राटक
आसन - पर्वतासन जानुशिरासन
भुजंगासन योगमुद्रा
निरलंबासन शवासन
प्राणायाम - भ्रामरी, अनुलोम-विलोम

८) स्त्रियांचे विकार

शुद्धिक्रिया - कपालभाती, नेति
आसन - उष्ट्रासन पश्चिमोत्तानासन
मत्स्यासन शशांकासन
भुजंगासन शवासन
प्राणायाम - उज्जायी, भ्रामरी, अनुलोम-विलोम

९) हृदयविकार

आसन - ताडासन शवासन
कटिचक्रासन शशांकासन
भुजंगासन गोमुखासन
प्राणायाम - चंद्रभेदन, अनुलोम-विलोम

१०) उंचीवर्धनाथ

शुद्धिक्रिया - कपालभाती, नेति
आसन - सर्वांगासन त्रिकोणासन
ताडासन नटशिरासन
वृक्षासन सूर्यनमस्कार
प्राणायाम - उज्जायी, भ्रामरी, भस्त्रिका, अनुलोम-विलोम

११) स्वसनसंस्थेचे विकार

शुद्धिक्रिया - कपालभाती, नेति
आसन - सर्वांगासन वृक्षासन
मत्स्यासन गोमुखासन
भुजंगासन वक्रासन
प्राणायाम - भ्रामरी, भस्त्रिका, उज्जायी, अनुलोम-विलोम

१२) श्वेतजन्य विकार

शुद्धिक्रिया - कपालभाती, नेति
आसन - ताडासन पश्चिमोत्तानासन
सर्वांगासन शशांकासन
मकरासन शवासन
प्राणायाम - उज्जायी, भ्रामरी, अनुलोम-विलोम, ऊँकार

१३) मधुमेह

शुद्धिक्रिया - कपालभाती, नेति
आसन - पवनमुक्तासन अर्धमत्स्येन्द्रासन
भुजंगासन पश्चिमोत्तानासन
शलभासन गोमुखासन
प्राणायाम - भ्रामरी, भस्त्रिका, अनुलोम-विलोम





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E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

Date-18/03/2023

To,

Respected Principal,

PDEA's College of Ayurved and research centre

Sector-25, Pradhikaran, Nigdi, Pune- 411044

Subject – Permission regarding arrangement of guest lecture

Respected madam,

Department of Kayachikitsa would like to arrange the guest lecture of Dr.Avinash Todkar (Director,MEDI academy) to enhance the knowledge of our students. Kindly grant permission for remuneration & also give permission for the same.

Details are as follows,

Venue- Auditorium hall, PDEA's College of Ayurved and research centre

Sector-25, Pradhikaran, Nigdi, Pune- 411044

Day - Monday, Date- 27.03.2023,

Time- 2.00 to 4.00 PM.

Topic- Management of Diabetes Mellitus

Audience- 4th year UG students, PG students, Interns & Teachers

Thanking you in anticipation!

पु.वि.नि.मं.वे
आयुर्वेद महाविद्यालय, पुणे प्रादेशिक केंद्र
निगडी, पुणे-४११०४४
आयक क्र. 5382/222-23
दिनांक - 18/3/23
लेखनिक *Choti* ✓
प्राचार्य

Yours sincerely,





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REF NO - 41 / 2022-23

27 MAR 2023

Notice

Guest Lecture

Organised by Department of Kayachikitsa

Topic-

Management of Diabetes Mellitus

Speaker-

Dr. Avinash Todkar (Director, MEDI academy)

(BAMS, PGLLB)

(General Physician & Consultant, Hypnotherapist)

27.03.2023, Monday

2.00 to 4.00 PM.

Venue-

Auditorium, PDEA's College of Ayurved and research centre

Sector-25, Pradhikaran, Nigdi, Pune- 411044

For 4th year UG students, PG students, Interns & Teachers

Dr. B. D. K.

H.O.D.

Dep. of Kayachikitsa

College of Ayurved & Research Centre



Principal

PDEA'S
College of Ayurved and Research Centre
Nigdi, Pune - 411 044.

College of Ayurved & Research Centre

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ॐ Governing Council ॐ

President-Ajit Pawar, Vice President -Rajendra Ghadge, Secretary-Sandeep Kadam, ,
Treasurer-Adv. Mohanrao Deshmukh, Asst. Secretary-L.M.Pawar, Principal-Dr.R.R. Patil

O.No. - 2883 /2022-23

Date :-

24 MAR 2023

To,
Dr.Avinash Todkar
Director,MEDI academy

Subject – Letter of Invitation for Guest Lecture.

Respected Sir,

We are aware of your remarkable expertise in the field of medical education and would like to invite you as a Guest Lecturer in our college, details are as follows.

Venue- Auditorium hall, PDEA's College of Ayurved and research centre
Sector-25, Pradhikaran, Nigdi, Pune- 411044.

Day - Monday, Date- 27.03.2023,

Time - 2.00 to 4.00 PM.

Topic - Management of Diabetes Mellitus

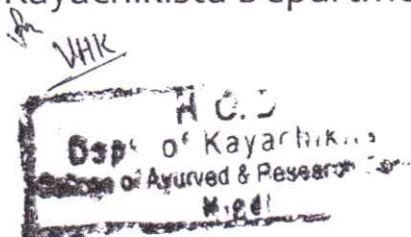
Audience - 4 th year UG students, PG students, Interns & Teachers

Expecting your positive cooperation.

Thanking you in anticipation

Yours sincerely,

HOD Kayachikista Department



Principal

Handwritten signature of Principal. Below it is a rectangular stamp with the text: "Principal PDEA College of Ayurved and Research Centre Nigdi, Pune - 411 044".

Pune District Education Association's,

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

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E-mail - carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

Governing Council

President-Ajit Pawar, Vice President -Rajendra Ghadge, Secretary-Sandeep Kadam, ,
Treasurer-Adv. Mohanrao Deshmukh, Asst. Secretary-L.M.Pawar, Principal-Dr.R.R. Patil

O.No. - 2928 /2022-23

Date: 27 MAR 2023

To,
Dr.Avinash Todkar
Director,,MEDI academy

Sub. :- Letter of Thanks...

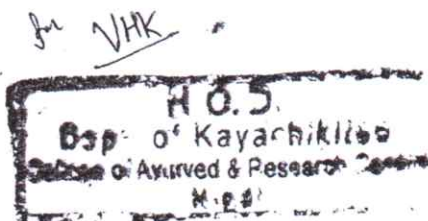
Respected Sir,

We are very much thankful to you for sharing your valuable time, in our P.D.E.A's college of Ayurved & Research center, Nigdi, Pune 44, on Monday, Date-27.03.2022 from 2.00 to 4.00 pm. Students will be definitely benefited by information given by you on Management of Diabetes mellitus. We expect the same cooperation in future.

Thanking you.

Yours sincerely,

HOD Kayachikista Department



Principal

Principal

P.D.E.A'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



Date :- 31/03/2023

Metric No.2.3.1/8.1.1

Name of the event

Report of Guest lecture on 4th year BAMS, PG, Interns, Teacher's 2023

Name of the event: Lectures delivered as invited speaker in transitional curriculum of 4th year BAMS batch, PG, Interns, Teachers of CARC

Organizing Department: Kayachikitsa

Date: 27-03-2023

Location / Place: CARC Auditorium

Name of Speaker: Dr. Avinash Todkar (Director of MEDI Classes, PGLLB,

No of attendees- 79

Drive link for photos -
<https://drive.google.com/drive/u/0/folders/1bnrZJPJ-2LQz6vcC7MwkZSg1O4MFc8KB>

Brief summary of the event:

Dr Avinash Todkar was invited by Kayachikitsa Department for the 4th year BAMS students, PG, Interns, Teachers on the topic "Management of Daibetes Mellitus"
 He had presented the detailed management of the disease Diabetes Mellitus & shared his experiences in practice.

Utility – This lecture was beneficial to the student to know about Management of Daibetes for academic purpose and also for further practice.

Dr. Joshi
HOD
 Dept of Kayachikitsa

पु.जि.शि.मं.चे
 आयुर्वेद महाविद्यालय व सशोधन केंद्र
 निगडी, पुणे-४११०४४.
 आवक क्र 5556/2022-23
 दिनांक - 31/3/2023
 लेखनिक *[Signature]* प्राचार्य

Principal

105
 Dep. of Kayachikitsa
 College of Ayurved & Research Centre
 Nigdi

[Signature]
Principal
 P.D.E.A.S
 College of Ayurved And Research Centre
 Nigdi, Pune - 411 044





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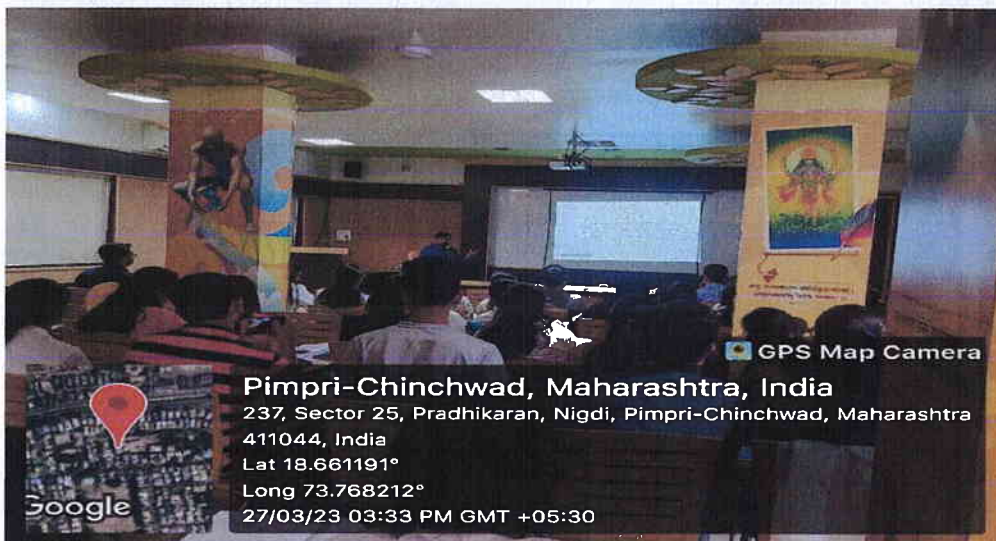
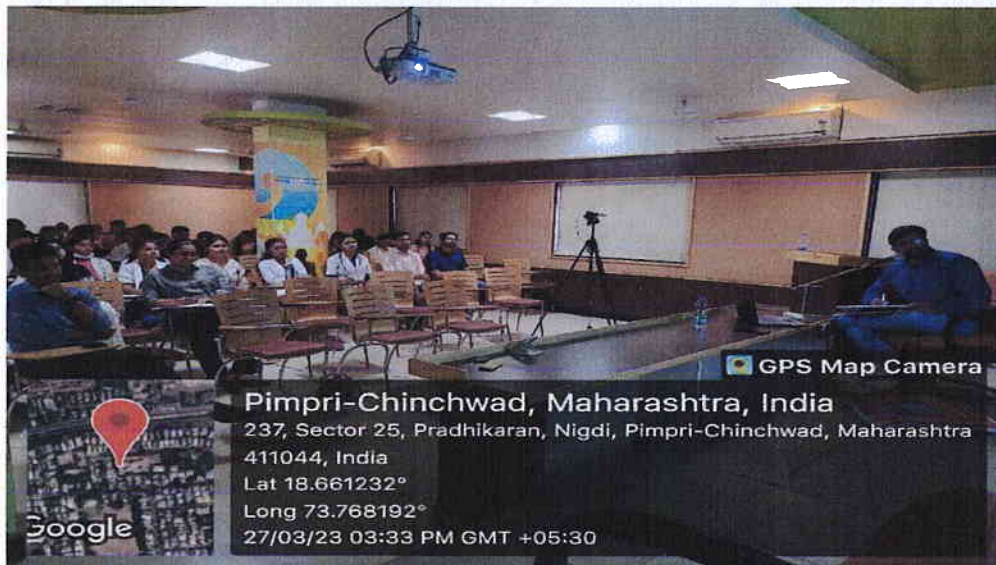
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Date :- 31/03/2023
Metric No.2.3.1/8.1.1

Photos of lecture as invited speaker



Nyomi
Dr Joshi

HOD

Dept of Kayachikitsa

Principal

Principal

P.D.E.A.S

College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



• Speaker - Dr. Avinash Todkar

• Designation - Director of MEDI Academy, B.A.M.S.,
PG LLB, Gen. Physician & Consultant,
Hypnotherapist

• Subject - Management of Diabetes Mellitus

• Time - 2.00 - 4.00 Pm. (27-03-23)

• Venue - Auditorium Hall of college.

No.	Name	Designation	sign
1.	Abhay Ravi Kant Kaste	4 th yr. UG st	<u>Abhay</u>
2.	Govind Bhagwan Ghule	4 th yr UG st	<u>Govind</u>
3.	Janusheer Sanjay Thakur	4 th yr. UG	<u>Thakur</u>
4.	Dhananjay Uddhavrao Bagal	4 th yr UG	<u>Bagal</u>
5.	Sanjana Rajesh Kulkarni	4 th yr UG	<u>Sanjana</u>
6.	Sandeep Nilkanth Kolk	4 th yr UG	<u>Kolk</u>
7.	Nikita V. Pete	4 th yr UG	<u>Pete</u>
8.	Prapti D. Dhawale	4 th yr UG	<u>Prapti</u>
9.	Pradnya Jadhav	4 th yr UG	<u>Pradnya</u>
10.	Dipa Kale	4 th yr. UG	<u>Dipa</u>
11.	Samruddhi Patil	4 th yr UG	<u>Patil</u>
12.	Dhananjay Shital Sol	3 rd yr PG KC	<u>SBC</u>
13.	Tushar Jare	4 th yr U.G	<u>Jare</u>
14.	Mansi Ghanwat	4 th yr	<u>Mansi</u>
15.	Supriya Lakul	4 th yr	<u>Lakul</u>
16.	Vaishnavi Wayase	4 th yr	<u>Wayase</u>
17.	Akshay Gadade	4 th yr	<u>Akshay</u>
18.	Omkar Patil	4 th yr	<u>Patil</u>
19.	Sakshi Jagtap	—	<u>Sakshi</u>
20.	Prem Dale	—	<u>Prem</u>
21.	Rupali Adale	—	<u>Rupali</u>
22.	Chais Khan Pathan	4 th yr	<u>Chais</u>

Sr. No	Name	Designation	Sign
23	Harshal P. Dewary	4th yr	Harshal
24	Ambika N. Bilapatte	4th yr	Ambika
25	Anushka Dandawale	4th yr	Anushka
26	Shravika Indapure	4th yr	Shravika
27	Piyush Yadav	4th yr	Piyush
28	Aditi Annigeri	4th yr	Aditi
29	Chavan Rohit	4th yr	Chavan
30	Chavan Pratiksha	4th yr	Chavan
31	Gopane Rutuja	4th Year	Gopane
32	Sakshi Katarle	4th yr	Sakshi
33	Pranjal Kumbhar	4th yr	Pranjal
34	Nishtha C. Wagh	4th yr	Nishtha
35	Pradny Londhe	2nd yr PG KC	Pradny
36	Megha Yadav	4th yr	Megha
37	Dr. Pradnya Londhe	2nd year PG Leachi	Dr. Pradnya
38	Pratiksha Andhale	Karyachi Intern	Pratiksha
39	Pranav Yadav	Karyachitsa Intern	Pranav
40	Dr. Smriti Makasare	PG 2nd yr Swasthavi	Dr. Smriti
41	Dr. Umesh Malleswar	PG 2nd yr Swasthavi	Dr. Umesh
42	Dr. Kirti Jadhav		Dr. Kirti
43	Dr. Aruna Prindargi		Dr. Aruna
44	Dr. Piyush Pawar	2nd year PG Leachi	Dr. Piyush
45	Dr. Shrinag Kaste	2nd year PG Leachi	Dr. Shrinag
46	Dr. Manasi	1st year PG	Dr. Manasi
47	Dr. Shubhangi		Dr. Shubhangi
48	Aishwarya S. Pansare	4th yr	Aishwarya
49	Vaishnavi Mekale	4th yr	Vaishnavi
50	Ayesha Khan	4th yr	Ayesha
	Rutuja Karandale	4th yr	Rutuja
51	Nishu A. Gadade	4th yr	Nishu
52	Dhruvashree V. Waghmare	4th yr	Dhruvashree
53	Shruti Gupta	4th yr	Shruti
54	Sanket Jadhav	4th yr	Sanket
55	Shirpriya Nambiar	4th yr	Shirpriya
56	Fabuni Daspute	4th yr	Fabuni

H.O.S.
 Dr. Anuradha K. Kulkarni
 Director & Research Officer

Guest Lecture

27-3-23

- Speaker - Dr. Avinash Todkar
- Designation - Director of MEDI Academy, BAMS., PGHBB, Gen. Physician & Consultant, Hypnotherapist.
- Subject - Management of Diabetes Mellitus
- Time - 2.00 - 4.00 pm.
- Venue - Auditorium Hall of college

Sr. NO	Name	Designation	Sign.
58]	DR. Rarika Rajan Kulkarni	PG student	
59]	Vd. Joshi Aishwarya Purushottam	1 st yr PG. Samhita	
60]	Dr. Vasundhara Patane	1 st yr PG Rognidan	
61]	Dr. Pooja Mukadam	1 st year PG-Balrog	
62]	Dr. Ankita Balaso Bongane	1 st year PG. Kaychikita	
63]	Dr. Sonali Arjun Chavan	1 st year PG Kaychikita	SA C
64]	Dr. Ankush Patle	1 st year PG Kaychikita	ARP
65]	Dr. Vishal Korde	1 st year PG Kaychikita	VBK
66]	Dr. Ashwini Bangar	PG 1 st year Kaychikita	
67]	Dr. Punam Shirodkar	PG 1 st year Kaychikita	PSS
68]	Chavan Pratishtha Balasaheb	4 th year	
69]	Gophane Rutuja Laxman	4 th year	
70]	Rohit Sambhaji Chavan	4 th year	Behara
71]	Somesh K Kawach	PG 1 st year Shalabyal	
72]	Prajakta S. Mhatre		
73]	Pooja Sayageankar		
74]	Shubal Nigale	(intern)	
75]	Smriti Deshmukh	(intern)	
76]	Ashika Pise	(intern)	
77]	Siddhi Swami	(intern)	
78]	Sneha Borate	(intern)	
79]	Geeta Kalshetty	(Intern)	



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NER - 23 - 14

3/3/2023

To,

The principal,

College of ayurved and research centre,

Nigdi, Pune

Subject- For granting the permission to visit Naturopathy institute

Respected mam,

With reference to above subject we the department of kayachikitsa, requesting you to grant the permission to visit Naturopathy institute.

Details are as follows:

Date: 13/03/2023

Venue: "Institute for Nature Cure & Yogic Sciences INCYS, Bhosari, Pune"

Resource person - Dr. Sandip Nimbhorkar

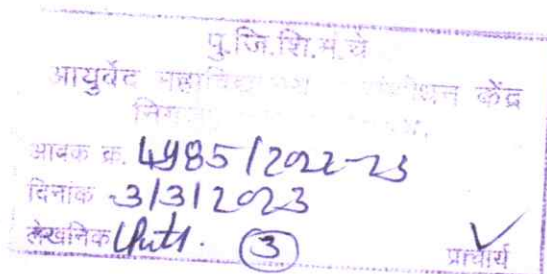
No. of teachers: 01

No. of PG students: 05

We request your permission and guidance for visit.

Yours Sincerely,

for VHK
Dr. Kurande



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Treasurer-Adv. Mohanrao Deshmukh, Asst. Secretary-L.M.Pawar, Principal-Dr.R.R. Patil

O.No. - 2746 /2022-23

Date :-

10 MAR 2023

To,

Resp. Dr. Sandeep Nimbhorkar,
Institute for Nature Cure & Yogic Sciences INCYS,
Bhosari, Pune.

Subject- for granting the permission visit

Sir,

We are requesting you to kindly grant the permission for arranging the visit at your institute for our 5 PG students and 1 teachers from Kayachikitsa department of our college on 13/03/2023.

We request your permission and guidance for visit.

Yours Sincerely,


Principal

PDEAS

College of Ayurved & Research Centre

Nigdi, Pune - 411 044





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Ref. No - 32/2022-23

Date :- 12/03/2023

Notice

This is to inform all PG students of kayachikita and departmental faculty that our department is arranging a study visit.

Details are as follows:

Date: 13/03/2023

Venue: "Institute for Nature Cure & Yogic Sciences INCYS, Bhosari, Pune." Clinical Study visit organised by Dept of Kayachikitsa

Dr. Medha Joshi

HOD

Department of Kayachikitsa



Dr. Ragini Patil

Principal

Principal

PDEAS

College of Ayurved And Research Centre
Nigdi, Pune - 411 044.



Institute For Nature Cure & Yogic Sciences

(Managed by)

Patasibai Ratanchand Manav Kalyan Trust

Regd. No. E/1055, Pune D / 26-6-1986.

Pune - Nashik Road, Bhojapur - Bhosari, Pune - 411 039. Tel. : (020) 27232770, 27237033

Ref. No

Date

Date: 15/03/2023

To,

The Principal,

College of Ayurveda and Research Centre,

Nigdi, Pune.

This is to certify that teaching staff and postgraduate students of Kayachikitsa and Panchakarma Department from PDEA's College of Ayurved and Research Centre, Nigdi, Pune has visited our centre "Institute for Nature Cure & Yogic Sciences INCYS, Bhosari, Pune" on Monday, 13/03/2023. They have shown different naturopathy practices and Informed about work module in detail.

Following staff and PG Students were present:

1. Dr Abhishek Taksale
2. Dr Ankush Patle
3. Dr Pradnya Londe
4. Dr Sonali Chavan
5. Dr Poonam Shirodkar
6. Dr Piyush Pawar

S. S. Nimshorkar
CMD 15/3/23
Institute For Nature Cure & Yogic Sciences
Pune Nashik Highway, Bhosari, Pune-39
Dr. S. S. NIMSHORKAR
B.A.M.S., C.Y.N. Reg.No.: I-31653A-1

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Treasurer-Adv. Mohanrao Deshmukh, Asst. Secretary-L.M.Pawar, Principal-Dr.R.R. Patil

O.No. - 2800 /2022-23

Date :- 14.3.2023

To
Resp. Dr. Sandeep Nimbhorkar,
Institute for Nature Cure & Yogic Sciences INCYS,
Bhosari, Pune.

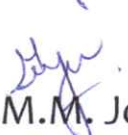
Subject:-Letter of Thanks...

Respected Sir,

We are very much thankful to you for sharing your valuable time to demonstrate various naturopathy practices and sharing your valuable knowledge at your centre "Institute for Nature Cure & Yogic Sciences INCYS, Bhosari, Pune" On Monday, Date 13/03/2023. Students developed interdisciplinary knowledge of naturopathy during this study tour. We expect the same cooperation in future.

Thanking you in anticipation.

Yours sincerely,


Prof. Dr. M.M. Joshi
HOD- Kayachikista Dept




Prof. Dr. Ragini Patil
Principal

Principal
P.D.E.A.'S
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.





Date :- 15/03/2023

Metric No. : 8.1.1

Report of Study Visit – Bhosari

Name of activity: Clinical Study Visit – Bhosari

Date: 13/03/2023

Venue: “Institute for Nature Cure & Yogic Sciences INCYS, Bhosari, Pune.” Clinical Study visit organised by Dept of Kayachikitsa

No. of teacher involved: 01

No. of students involved PG: 05

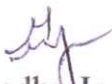
Event Awards/Recognition/Letter of Award taken or not: Yes

Activities:

- Information was given by Dr. Nimbhorkar on facilities available at “Institute for Nature Cure & Yogic Sciences INCYS, Bhosari, Pune”.
- Field visit was carried out to therapy rooms (Massage room, lepa, mud, acupressure massage ect), dining hall, yoga hall and all over area.
- Type of patients treated at the centre:
Diabetes, Hypertension, Obesity, Cancer etc.
- Treatment plan was prescribed according to the disease.

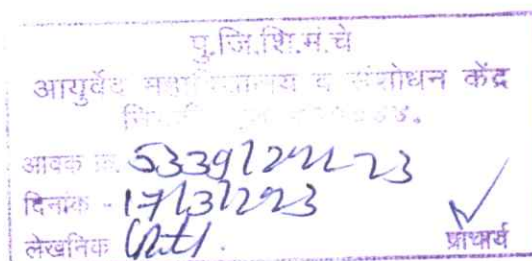
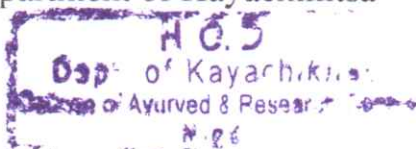
Outcome of the camp:

- Integration of different System of Health Care in the Teaching this activity was carried out.


Dr. Medha Joshi
HOD

Department of Kayachikitsa

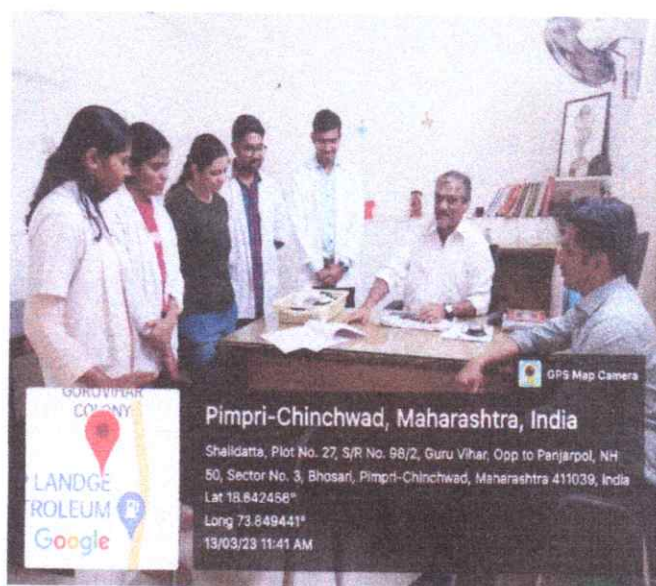

Dr. Ragini Patil
Principal



Date :- 15/03/2023

Metric No. : 8.1.1

Photos of Study Visit – Bhosari



Dr. Medha Joshi
HOD

Department of Kayachikitsa

Opp of Kayachikitsa
College of Ayurved & Research Centre
Nigdi, Pune - 411 044



Dr. Ragini Patil

Principal
Principal

PDEA'S

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